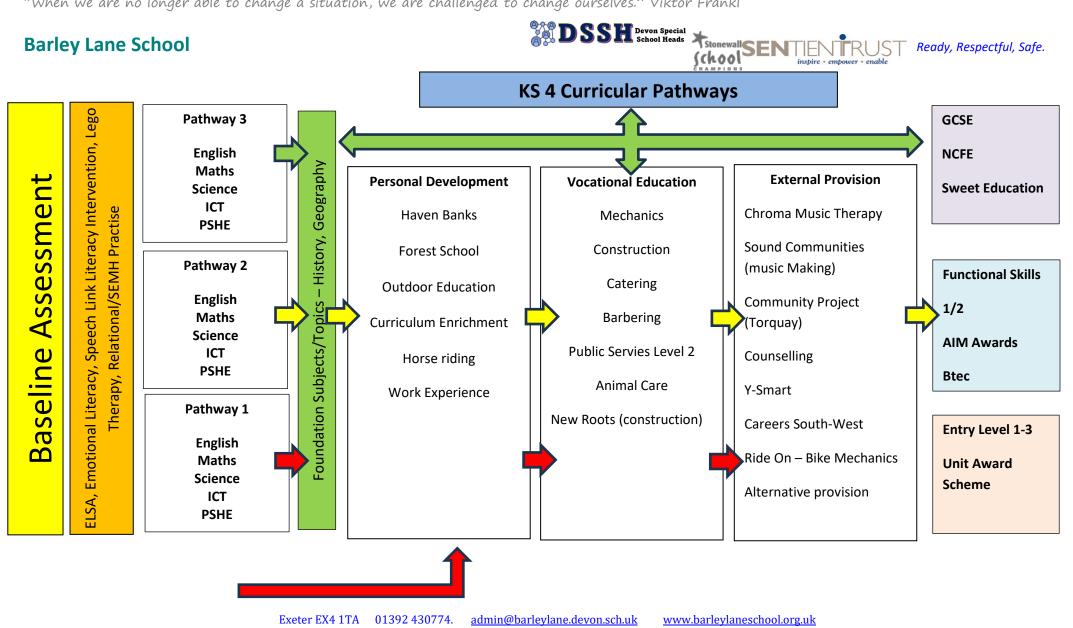
"When we are no longer able to change a situation, we are challenged to change ourselves." Viktor Frankl



'Never look down on anybody unless you are helping them up.' Jesse Jackson