

“When we are no longer able to change a situation, we are challenged to change ourselves.”

Viktor Frankl



**Barley Lane School**

*Ready, Respectful, Safe.*



## **Barley Lane School Relationships Education and Relationships and Sex Education and Health Education Policy**

**Updated agreed by Governing Body: March 2023**

**Next update due: March 2025**

### **Rationale**

Our core values are ready, respectful, safe. Wellbeing is privileged within our school community and we wish for every pupil to become a happy, successful and productive member of society. We recognise and appreciate the influential role that parents and carers, staff, governors and professionals play in the lives of our pupils and acting as role models is an essential element of what we do. In addition to our everyday interactions, discrete teaching of knowledge and skills for personal development, discussion about relationships and health as well as the exploration of the beliefs and values of others offer our pupils the best chance of success.

### **Curriculum**

The government’s Relationships Education, Relationships and Sex Education (RSE) and Health Education curriculum became compulsory from September 2020 and all schools began teaching the new objectives from the start of the summer term 2021.

In our setting, class teachers will teach the majority of the new curriculum through Personal, Social and Health Education (PSHE) lessons. We will follow the PSHE Association’s programme builders to ensure that our lesson content is up-to-date and covers the Department for Education’s objectives as well as Pathway 2 & 3 students working towards B Tech qualifications in Key Stage 4 through the ‘Sweet’ programme. Staff will receive updates and training from PSHE Association and ‘Sweet’ staff. Lessons will be considerate of the age and ability of the pupils.

### **Relationships Education and Health Education - Primary**

<b>Relationships</b>	<b>Living in the wider world</b>	<b>Health and wellbeing</b>
Families and friendships	Belonging to a community	Physical health and mental wellbeing
Safe relationships	Media literacy and digital resilience	Growing and changing
Respecting ourselves and others	Money and work	Keeping safe

Changes in the human body and puberty are taught in Science and PSHE lessons. It is not a requirement for sex education to be taught in primary schools.

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### Relationships and Sex Education and Health Education - Secondary

Secondary aged pupils will learn about the following topics...

Health and wellbeing	Living in the wider world	Relationships
Transition and safety	Developing skills and aspirations	Diversity
Health and puberty	Financial decision making	Building relationships
Drugs and alcohol	Community and careers	Discrimination
Emotional wellbeing	Digital literacy	Identity and relationships
Peer influence, substance use and gangs	Setting goals	Respectful relationships
Healthy lifestyle	Employability skills	Intimate relationships
Mental health	Financial decision making	Healthy relationships
Exploring influence	Work experience	Addressing extremism and radicalisation
Building for the future	Next steps (with support of Careers South West)	Communication in relationships
Independence		Families

#### Right to Withdraw

Parents and carers will continue to have the right to withdraw their child from sex education which, unless there are exceptional circumstances, should be granted up to three terms before their child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school should make arrangements for this to happen in one of the three terms before the child turns 16.

Consideration should be given to the social and emotional effects of being excluded from lessons as well as the likelihood of the child hearing their peers' version of what has been taught by the teacher.

N.B. It is not a requirement for sex education to be taught in primary schools. The relationships and health aspects of the curriculum are compulsory for all pupils.

#### Engaging Stakeholders

This policy is open to consultation and review with parents and carers, governors, staff and the governing body. A copy will be available on the school website and paper copies are available by request. If you require any further information, please get in contact with Mr Dave Jones.

#### Review

This policy will be reviewed every 2 years to ensure that it continues to meet the needs of the school community and that it is in line with current Department for Education advice and guidance.

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